

What the Top Ten Pediatric Hospitals say about treating and preventing diaper rash.


 **Boston Children's Hospital, Boston, MA**

✓ "Leave the skin open to the air as much as possible."

 **Rainbow Babies and Children's Hospital, Cleveland, OH**

✓ "Expose the bottom to air as much as possible."

✓ "...take the diaper off and lay your child on a towel. (Reason: Dryness reduces the risk of yeast infections)."

 **St. Louis Children's Hospital-Washington University, Saint Louis, MO**

✓ "Removal of the diaper for a few days" "Allowing the diaper area to air dry at times"


 **Children's Hospital of Philadelphia, Philadelphia, PA**

✓ "Let the skin air dry...A hairdryer set on cool can also be used. Leave the skin open to the air..."

 **Nationwide Children's Hospital, Columbus, OH**

✓ "Let your baby play with the diaper off. The air helps dry and heal the rash."

✓ "It is helpful to lay your baby on a towel or diaper with his bottom exposed to air."

 **New York-Presbyterian Morgan Stanley-Komansky Children's Hospital, New York, NY**

✓ "Let the skin air dry, or pat very gently with a very soft cloth or paper towel."


✓ "Leave the skin open to the air as much as possible."

 **Lucile Packard Children's Hospital at Stanford, Palo Alto, CA**

✓ "Pat dry or leave diapers off for a while."

✓ "Let the skin air dry, or pat very gently with a very soft cloth or paper towel."


✓ "Removal of the diaper for a few days." "Allowing the diaper area to air dry at times."

 **Children's Hospital Los Angeles Los Angeles, CA**

✓ "Pat dry or leave diapers off for a while."

✓ "Let the skin air dry, or pat very gently with a very soft cloth or paper towel."


✓ "Removal of the diaper for a few days." "Allowing the diaper area to air dry at times."

 **Children's Hospital Colorado, Aurora, CO**

✓ "LEAVE BOTTOM OPEN TO AIR: * Expose the bottom to air as much as possible."

✓ "Attach the diaper loosely at the waist to help with air exposure."

✓ "take the diaper off and lay your child on a towel. Reason: Dryness reduces the risk of yeast infections."

 **Children's National Medical Center Washington, DC**

✓ "If possible, allow the diaper area to be open to air...to help to lower the chance of getting a diaper rash."

✓ "Treatment may include: Removal of the diaper for a few days"

✓ "...This includes: Allowing the diaper area to air dry from time to time."

